Commonwealth of Virginia

State Health Benefits Program Enrollment Form For Retirees, Survivors And VSDP/LTD Participants

Enroll within 31 days of your retirement or Virginia Sickness and Disability Program (VSDP) long-term disability start date (end of active coverage), or you may forfeit your only opportunity to participate in the health benefits program. An eligible survivor of a retiree/ employee or LTD participant who wishes to continue health benefits coverage must complete this form within 60 days of the enrollee's death. Keep a copy of your completed form for documentation of your enrollment or change.

This form must be signed by the Enrollee (Retiree, Survivor, VSDP/LTD participant), not by a dependent.

IF YOU ARE USING THIS FORM TO	COMPLETE PART(S)
• Enroll in plan that coordinates with Medicare	A, B, C, E
• Enroll in Non-Medicare State plan	A, B, D, E
• Enroll in <i>combination</i> of plans above	A, B, C, D, E
• Change plans and/or type of membership	A, B, C and/or D, E
 Make an Open Enrollment change (non-Medicare participant only) 	A, B, D, E
• Waive or cancel participation in the State Health Benefits Program	F
 Waive coverage in VSDP/LTD due to Open Enrollment or a qualifying mid-year event 	A, E
• Enroll in Extended Coverage	Obtain a separate Extended Coverage Enrollment Form
IF YOU ARE A (check one)	SEND COMPLETED FORM TO
 □ New Retiree or New Survivor of Active State Employee □ New VSDP/LTD Participant 	Your Agency Benefits Administrator
☐ Current VRS Retiree or Survivor*	Virginia Retirement System
☐ Current VSDP/LTD Participant*	P.O. Box 2500
* Including dependents who have separate plans from the Enrollee	Richmond, VA 23218-2500
☐ All Other Retirees or Survivors (Optional Retirement Plan, Local Retiree, etc.)	Your former Agency's Benefits Administrator
Part A. Enrollee Information - (Retiree, Survivor or VSDP/LTD Participa	ant Information Only – Not Dependent Information)
Print Name(First) (M.I.) (Last)	Social Security Number
AddressCity	Chata 7:va
Address City	State zip
Day Time Phone ()	
Birth Date/Sex: □ Male □ Female E-mail Add	dress
Month Day Year	
REASON FORM IS BEING SUBMITTED (Check appropriate category)	
☐ Initial Enrollment. Check one: ○ Retirement ○ Re-enrolling from dependent status ○ VSDP/LTD Initial Enrollment/Waiver ○ Survivor Enrollment	in active/other retiree coverage
□ Now Eligible For Medicare. ○ Retiree/Survivor ○ Spouse ○ Child ○ VSDP/LTD	Participant
☐ Open Enrollment (Non-Medicare Participants Only) To Change Plans And/Or Memb	
 ○ Enrollee/Enrollee and Dependents ○ Dependent with Separate Coverage □ VSDP/LTD Participant Enrolling In Single Coverage From Waived Status. 	
□ VSDF/LID Participant Enrolling in Single Coverage From Waived Status. □ Remove Dependent(s) From My Coverage. (Change will be effective the first day of the m	onth after this form is received \
	·
Name of Dependent(s)	Social Security Number(s)
	, 9
 ☐ Medicare Eligible Member Making Allowable Plan Change. (Effective date will be the ○ Retiree/Survivor ○ Spouse ○ Child ○ VSDP/LTD Participant 	ilist of the month after this form is received.)
Qualifying Mid-Year Event (Life Event). Check the type of event on page 2, and attach complete enrollee information in Part B. Submit this change within 31 days of the event. In	
month following receipt of request.	(D. 1.4

(Part A. continues on page 2)

Qualifying Mid-Year Events (Event/Atta	ach This Information)	Date of Even	•			
Change In Enrollee's Marital Status Marriage/Marriage Certificate Divorce/Final Divorce Decree Death of spouse/Death Certificate Change In Enrollee's Number of Depe Birth/Birth Certificate Adoption, placement for adoption/Add Covered child loses eligibility (exceed becomes self-supporting, etc.) Court order to cover child/Court Order Permanent custody of a child Gains eligibility for Medicare or Medicoverage)/Government Documentation Loses eligibility for Medicare, Medicas sponsored plan (and adds State covernmentation)	ndents option Agreement I plan's age limit, marri er caid (and cancels sta	Cha	nge In Enrollee's Number of the provided in Enrollee's Number of the provided in the provided	employment/Employment/	imployer Letter ployer Letter ployer Letter pay/Employer Lette te proder to cover a content of the form full-time to the cover and the cover a	tter child/DSS order to part-time her employer's
TYPE OF MEMBERSHIP Please select the membership type wl □ Single Coverage □ Two people		_	for which you are e	_	a may haya Madi	caro)
⊟ Single Coverage ⊟ Two реоріс ⊟ Waive VSDP/LTD health coverage due	•		'	` ,	•	,
Part B. Enrollment						
List all Medicare and Non-Medicare Ennot just additions). Attach a copy of Melationship Codes: E = Retiree, LTD or Su	Medicare cards for al	ll members wh	o are Medicare-eligi	ble.		
				Medica	re Information (if ap	oplicable)
NAME	Birthday MM/DD/YYYY	Social Securii Number	ry Relationship Code	Medicare Claim #	Part A Effective Date	Part B Effective Date
HEALTH BENEFITS PLAN SELECTI Members must select a plan based on their those who are not eligible for Medicare must may be maintained under COVA Care (in Pa nating plan must take place immediately upon	Medicare eligibility. Me t select a plan in Part D art D), but Medicare will	. The only excep be primary pay	otion is for members in or for the Medicare-elig	Family coverage	e. In that case, Far	mily coverage
Part C. Plans For Medicare Re	etirees					
Part C. Plans For Medicare Real of the second secon		Part A and Med	ical Part B of Medicar	e, contact your	local Social Secu	rity
If you are Medicare eligible and have not s Administration office.	secured both Hospital					rity
If you are Medicare eligible and have not s	ecured both Hospital		ı, your spouse, or a			rity

Option II/Medicare Supplemental.*				
PLAN	COVERAGE FOR	(check all th	at apply)	
☐ Option I	\square Retiree/Survivor	□ Spouse		
Option II	☐ Retiree/Survivor	☐ Spouse		
☐ Option II with Dental/Vision	☐ Retiree/Survivor	☐ Spouse	☐ Child	
*Dental/Vision coverage may be added to either Dental/Vision option has been elected and canc Advantage 65 at any time. However, once enroll elected again. If you add Dental/Vision to Advan	eled one time, it ma ed in Advantage 65	y not be elec (or Advantag	ted again. Participants in Option I ge 65 with Dental/Vision), neither C	or Option II may enroll in Option I nor Option II may be
Part D. Plans For Non-Medicare R	etirees			
All non-Medicare family members must enroparticipate in your plan's provider network. Corof the COVA Care plan should use the Anthem	ntact the plan or vis	sit its Web si	te for a list of providers. For serv	rices outside Virginia, members
SELF-FUNDED STATEWIDE PLANS* Administered by Anthem Blue Cross and Blue	Shield		NAL FULLY FUNDED HMO HERN VIRGINIA)	
☐ COVA Care Plan (includes basic dental) (CC0)☐ COVA Care + Out-of-Network (CC1)		☐ Kaise	r Foundation Health Plan of the Mi	id-Atlantic States, Inc. – HMO**(KP
 □ COVA Care + Expanded Dental (CC2) □ COVA Care + Out-of-Network + Expanded Der □ COVA Care + Vision + Hearing + Expanded Der □ COVA Care + Out-of-Network + Vision + Hearing Expanded Dental (CC5) 	ental (CC4) ng +	**Note: I	Kaiser plan members must select i	a primary care physician
* Coverage available to participants outside Virgin	nia			
Part E. Authorization, Enrollee Sta	tement, And C	Certificatio	on .	
ENROLLEE STATEMENT: I want to enroll in the System (VRS) retirement check. If I am not receiv health insurance premium, I will be billed directly. of coverage will be effective the end of the month from payment for monthly coverage that has alreated Retiree Health Benefits Program. I understand that to change my coverage to the appropriate plan appremiums will result in cancellation of coverage at CERTIFICATION/AUTHORIZATION: I certify that best of my knowledge. Furthermore, I understand Health Information in connection with the treatme	ing a VRS monthly be To cancel coverage in which my written ady begun. If I cance at my health premiure and membership base and will permanently I have reviewed the I that the state's hea	penefit, or if me, I must send request is recelled my state recens are subjected on my elimeteroke my elementation.	by VRS monthly retirement payment my request in writing to the additionable ceived. I understand that notice of tiree coverage, I will not have anout to change. I am aware that the Cigibility and/or plan availability. I unigibility for the program. In this enrollment form and that it program and its business associates.	nt is not large enough to deduct my ress noted on page 1. Cancellation of cancellation does not relieve me other opportunity to enroll in the commonwealth reserves the right inderstand that non-payment of is complete and accurate to the es have the right to use Protected
Accountability Act.			•	,
Enrollee's Signature ¹				Date
Print Name				
¹ Dependents are not authorized to sign this form				
Part F. To Waive Or Cancel State C	Coverage			
RETIREES AND/OR SURVIVORS				
Name			Effective Date	
(First) (I	M.I.)	(Last)		(MM/DD/YYYY)
Social Security Number			Telephone Number	
WAIVE COVERAGE ☐ I am a retiree and do not wish to enroll in the under the Active or Retiree State Health Benstate employment, death, or other consistent quality I am a retiree who has become eligible for consistent en	efits Program throu ualifying mid-year evo overage in an active	igh my spou ent, I will be e state plan a	se. I understand that upon my spo eligible to apply for retiree coverage and I wish to waive coverage. I ur	ouse's retirement, termination of e only within 31 days of that event. nderstand that I may re-enroll in the

The plans below may be selected only by members currently enrolled in Option I/Medicare Complementary, or

(PART F. CONTINUED)

	to enroll in the State Health Benefits Program for retirees. have another opportunity to enroll except as allowed above. So severance benefit period.	
☐ I am a current retiree/survivor and v	wish to cancel my coverage in the State Health Benefits Prog-enroll in the program at any time. This serves as my written no	
If you are entitled to a Health Insurance Alternate Health Insurance Credit Progra	Credit, waiving or canceling State coverage does not affect you, which is administered by VRS.	our credit eligibility. You may participate in the
Signature		Date
VSDP/LTD PARTICIPANTS		
Name	Effe	ective Date
(First) Social Security Number	(M.I.) (Last) Telephone Numbe	er
see part A.) An Enrollment form must be termination of coverage for the duration	,	nrollment, nonpayment of premiums will result in
eligible family members. I understand Enrollment. (Open Enrollment is available I am a VSDP/LTD participant and domy membership under the Active of termination of state employment, deat 31 days of that event.	and do not wish to enroll in the State Health Benefits Prog d that I will not have another opportunity to enroll unless I exp able to non-Medicare participants only). To not wish to enroll in the State Health Benefits Program for Retiree State Health Benefits Program through my spous th, or other consistent qualifying mid-year event, I will be eligible.	or retirees at this time. However, I will continue se. I understand that upon my spouse's retirement, ble to apply for retiree group coverage only within
Health Insurance Credit Program, which	Credit, waiving or canceling coverage does not affect your croin is administered by VRS.	edit eligibility. You may participate in the Alternate
Signature		Date
	Jse Only (For New Retiree Group Members)	
Agency Approval/Agency U I understand that the agency Benefits	Jse Only (For New Retiree Group Members) Administrator is responsible for the initial setup of the retiree's, m (BES). The agency Benefits Administrator is also responsible	, active survivor's or VSDP/LTD participant's
Agency Approval/Agency U I understand that the agency Benefits record on the Benefits Eligibility System enrollment form to VRS.	Administrator is responsible for the initial setup of the retiree's,	, active survivor's or VSDP/LTD participant's e for forwarding a copy of the completed
Agency Approval/Agency U I understand that the agency Benefits record on the Benefits Eligibility Systemenrollment form to VRS. Agency Name I have reviewed this form, and verified	Administrator is responsible for the initial setup of the retiree's, m (BES). The agency Benefits Administrator is also responsible	active survivor's or VSDP/LTD participant's e for forwarding a copy of the completed Coverage Effective Date
Agency Approval/Agency U I understand that the agency Benefits record on the Benefits Eligibility Syster enrollment form to VRS. Agency Name I have reviewed this form, and verified information on this form is complete a	Administrator is responsible for the initial setup of the retiree's, m (BES). The agency Benefits Administrator is also responsible Date Form Received dthat the retiree, survivor or VSDP/LTD participant is eligible for the initial setup of the retiree.	active survivor's or VSDP/LTD participant's e for forwarding a copy of the completed Coverage Effective Date or the plan or waiver selected. I certify that the
Agency Approval/Agency U I understand that the agency Benefits record on the Benefits Eligibility Syster enrollment form to VRS. Agency Name I have reviewed this form, and verified information on this form is complete a Agency Representative's Signature	Administrator is responsible for the initial setup of the retiree's, m (BES). The agency Benefits Administrator is also responsible. Date Form Received d that the retiree, survivor or VSDP/LTD participant is eligible fund accurate to the best of my knowledge.	active survivor's or VSDP/LTD participant's e for forwarding a copy of the completed Coverage Effective Date or the plan or waiver selected. I certify that the
Agency Approval/Agency U I understand that the agency Benefits record on the Benefits Eligibility Syster enrollment form to VRS. Agency Name I have reviewed this form, and verified information on this form is complete a Agency Representative's Signature Print Name and Title This participant is enrolling as:	Administrator is responsible for the initial setup of the retiree's, m (BES). The agency Benefits Administrator is also responsible. Date Form Received d that the retiree, survivor or VSDP/LTD participant is eligible fund accurate to the best of my knowledge. Survivor □ Local Retiree/Survivor □ ORP Retiree/Survivor	active survivor's or VSDP/LTD participant's e for forwarding a copy of the completed Coverage Effective Date or the plan or waiver selected. I certify that the Date Phone Number
Agency Approval/Agency U I understand that the agency Benefits record on the Benefits Eligibility Systemenrollment form to VRS. Agency Name I have reviewed this form, and verified information on this form is complete a Agency Representative's Signature Print Name and Title This participant is enrolling as: Virginia Retirement System Retiree/Substitution of the System Retiree/Substitution of t	Administrator is responsible for the initial setup of the retiree's, m (BES). The agency Benefits Administrator is also responsible. Date Form Received d that the retiree, survivor or VSDP/LTD participant is eligible fund accurate to the best of my knowledge. Survivor □ Local Retiree/Survivor □ ORP Retiree/Survivor	active survivor's or VSDP/LTD participant's e for forwarding a copy of the completed Coverage Effective Date or the plan or waiver selected. I certify that the Date Phone Number or (name of plan)
Agency Approval/Agency U I understand that the agency Benefits record on the Benefits Eligibility Systemenrollment form to VRS. Agency Name I have reviewed this form, and verified information on this form is complete a Agency Representative's Signature Print Name and Title This participant is enrolling as: Virginia Retirement System Retiree/Substitution of the System Retiree/Substitution of t	Administrator is responsible for the initial setup of the retiree's, m (BES). The agency Benefits Administrator is also responsible. Date Form Received d that the retiree, survivor or VSDP/LTD participant is eligible fund accurate to the best of my knowledge. Survivor □ Local Retiree/Survivor □ ORP Retiree/Survivor nonuitant Survivor	active survivor's or VSDP/LTD participant's e for forwarding a copy of the completed Coverage Effective Date or the plan or waiver selected. I certify that the Date Phone Number or (name of plan)
Agency Approval/Agency U I understand that the agency Benefits record on the Benefits Eligibility Systemenrollment form to VRS. Agency Name I have reviewed this form, and verified information on this form is complete a Agency Representative's Signature Print Name and Title This participant is enrolling as: Virginia Retirement System Retiree/S VSDP/LTD Participant The participant has been told that the If retiring, indicate type of retirement:	Administrator is responsible for the initial setup of the retiree's, m (BES). The agency Benefits Administrator is also responsible Date Form Received Date that the retiree, survivor or VSDP/LTD participant is eligible fund accurate to the best of my knowledge. Survivor	active survivor's or VSDP/LTD participant's e for forwarding a copy of the completed Coverage Effective Date or the plan or waiver selected. I certify that the Date Phone Number or (name of plan) or (name of plan)
Agency Approval/Agency U I understand that the agency Benefits record on the Benefits Eligibility Systemenrollment form to VRS. Agency Name I have reviewed this form, and verified information on this form is complete a Agency Representative's Signature Print Name and Title This participant is enrolling as: Virginia Retirement System Retiree/Substitution of the participant in Non-Andrew The participant has been told that the If retiring, indicate type of retirement:	Administrator is responsible for the initial setup of the retiree's, m (BES). The agency Benefits Administrator is also responsible. Date Form Received d that the retiree, survivor or VSDP/LTD participant is eligible fund accurate to the best of my knowledge. Survivor	active survivor's or VSDP/LTD participant's e for forwarding a copy of the completed Coverage Effective Date or the plan or waiver selected. I certify that the Date or (name of plan) or (name of plan) or (name Date: or the plan) or the plan or waiver selected.
Agency Approval/Agency U I understand that the agency Benefits record on the Benefits Eligibility Systemenrollment form to VRS. Agency Name I have reviewed this form, and verified information on this form is complete a Agency Representative's Signature Print Name and Title This participant is enrolling as: Virginia Retirement System Retiree/Substantial Non-Andrews The participant has been told that the If retiring, indicate type of retirement: VRS Use Only (For Existing Date Form Received	Administrator is responsible for the initial setup of the retiree's, m (BES). The agency Benefits Administrator is also responsible Date Form Received Date that the retiree, survivor or VSDP/LTD participant is eligible fund accurate to the best of my knowledge. Survivor	active survivor's or VSDP/LTD participant's e for forwarding a copy of the completed Coverage Effective Date or the plan or waiver selected. I certify that the Date or (name of plan) or (name of plan) or (name Date: or the plan) or the plan or waiver selected.
Agency Approval/Agency U I understand that the agency Benefits record on the Benefits Eligibility Systemenrollment form to VRS. Agency Name I have reviewed this form, and verified information on this form is complete a Agency Representative's Signature Print Name and Title This participant is enrolling as: Virginia Retirement System Retiree/S VSDP/LTD Participant The participant has been told that the If retiring, indicate type of retirement: VRS Use Only (For Existing Date Form Received For Disability Retirees:	Administrator is responsible for the initial setup of the retiree's, m (BES). The agency Benefits Administrator is also responsible. Date Form Received d that the retiree, survivor or VSDP/LTD participant is eligible fund accurate to the best of my knowledge. Survivor	active survivor's or VSDP/LTD participant's e for forwarding a copy of the completed Coverage Effective Date or the plan or waiver selected. I certify that the Date or (name of plan) or (name of plan) direment Date: cirement Date: